





Parish Hill Middle/High School
November 2023



Student Lunch: \$3.25
Milk .50 (if purchased separately from a school meal)
Student Breakfast: FREE!! (\$1.50/second breakfast)
Adult Lunch: \$4.00
(There will be a \$20.00 fee for any returned checks)
Menu is subject to change

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
30 Chicken Nuggets w/ Curly Fries & Garlic Stick Choice of Fruit	31 Pizza (cheese, pepperoni, buffalo chicken, or veggie) w/ Garden Salad 🍷🍷🍷🍷 Choice of Fruit	1 Taco Bar (beef or chicken, cheese, salsa, lettuce, tortilla chips) w/ Refried Beans Choice of Fruit	2 Popcorn Chicken w/ Cheesy Rice & Broccoli Choice of Fruit	3 Grilled Cheese Sandwich w/ Tomato Soup & Crackers Choice of Fruit
6 Waffles w/ Sausage Links & Hash Brown Patty Choice of Fruit	7 Calzone (cheese, pepperoni, buffalo/bacon, or broccoli) w/ Salad Choice of Fruit	8 Build a Burger (cheese, lettuce, tomato, onion) w/ Fries Choice of Fruit	9 Choice of Cheese or Chicken Quesadilla w/ Corn Choice of Fruit	10 No School Veterans Day (observed) 
13 Southwest Burrito (chicken, cheese, salsa, sour cream) w/ Corn Choice of Fruit	14 Pizza (cheese, pepperoni, buffalo chicken or veggie) w/ Salad Choice of Fruit	15 Meatball Grinder (marinara & mozzarella) w/ Potato Wedges Choice of Fruit	16 Baked Macaroni and Cheese w/ Steamed Broccoli Choice of Fruit	17 Chicken Tenders w/ Mashed Potatoes & Green Beans Choice of Fruit
20 French Toast Sticks w/ Sausage Links & Home Fries Choice of Fruit	21 Calzone (cheese, pepperoni, buffalo/bacon, or broccoli) w/ Caesar Salad Choice of Fruit	22 Taco Bar (beef or chicken, cheese, salsa, lettuce, tortilla chips) w/ Refried Beans Choice of Fruit	23 	24  No School
27 Chicken Parmesan Sandwich w/ Green Beans Choice of Fruit	28 Pizza (cheese, pepperoni, buffalo chicken, or broccoli) w/ Salad Choice of Fruit	29 Build a Burger (cheese, lettuce, tomato, onion) w/ Curly Fries Choice of Fruit	30 Elbow Pasta (with or without meat sauce) w/ Salad & Dinner Roll Choice of Fruit	

Breakfast will be Free for ALL students this school year!!
IMPORTANT: students who are eligible for reduced-priced meals will also receive lunch at no cost!! If you do not qualify for free/reduced meals, lunch will cost \$3.25. Please see Mrs. Haddad or Mrs. Texera if you need information on your lunch status.
Snacks are available for purchase daily. You must have funds to purchase these items. Please check your account balance with the cashier. Visit the school website, parishhill.org for more information.
Always feel free to contact me with any questions or concerns!
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