



“Happenings on the Hill” September 8, 2023

Picture Day will be held on Thursday, September 21st. DRESS TO IMPRESS! All students will get their picture taken for school IDs and the Yearbook. Picture day forms are available in Student Services. Picture orders should be brought in to give to the photographer that day or Pre-order on www.mylifetouch.com using your Student ID or Picture Day ID: X9Q6GQTVE. Questions? Contact our Help Center at www.lifetouch.com/support-us. Select K-12 School Photography for assistance.

ATTENTION ALL CURRENT 7th and 8th GRADE PARISH HILL HOUSEHOLDS

If you are planning on having your student go on the Parish Hill Middle School Washington DC trip in April, please do so asap since there are only 12 spots remaining! Once the spots are filled, your student will be placed on a waiting list and will not be able to sign up until we have enough students to secure a second bus. This will be the only opportunity that your students will have to travel on this amazing adventure with their classmates. The cost is \$50 to sign your student up and then the tour company has payment plans. The sooner you sign up, the lower the payment plans. Visit <http://www.explorica.com/Freed-2024> to sign your student up and/or get more information. Once 50 students sign up, there will be a wait list to add a second bus so sign up now. Please note that although parents/guardians are able to travel with the group, they are asked to not sign up until September 30th, 2023, as this is a student focused trip. If you have any questions or financial concerns, please email either Kathy Freed at katfreed@yahoo.com or Rob Jendrewski at rjendrewski@parishhill.org.

FUNDRAISING for the Middle School Washington DC trip starts now! Email Kathy Freed katfreed@yahoo.com to sign up for the CAR WASH on September 16th. Your student and parent/guardian will earn funds for their student's individual travel account with Explorica. A great opportunity!!

News from the Nurse:

Ahoy Pirate Nation,

Just a couple of reminders to help keep yourselves healthy and well this season...

1. WASH YOUR HANDS OFTEN. Germs are easily picked up from shared pencils and pens, laptops, phones, doorknobs, car doors, steering wheels, toilet levers, faucets, etc., etc. etc.
2. We already have a stomach bug, a cold-like illness, and cases of strep throat here (Covid cases are on the rise again in the CT, too)
3. Drink lots of liquids (especially water) throughout the day
4. Consider avoiding crowded spaces or masking up in crowds
5. Get plenty of sleep and try to keep your sleep pattern the same throughout the week. Put the electronics down *at least* 60 minutes before bedtime
6. Consult your medical provider for the use of vitamins and supplements

Stay well!!

New Theatre Club!

Starting Tuesday, September 12th, Parish Hill will have its first Improv Theatre Club meeting in the auditorium from 2:30-3:30 p.m. Students will be playing theatre games, acting out scenarios, script reading, and more! All students grades 7-12 are welcome, students must sign-up for late bus or make sure they have a ride home."

PHACT/PTSA

Please join us for our 1st meeting of the School Year on Wednesday, September 13 at 6:00 PM. New members are always welcome. Come and join a great group of Parish Hill supporters!

PHACT/PTSA 2023 Membership Drive:

It's time for another exciting school year to start and an important part of Parish Hill Middle/High School is our PHACT (Parish Hill Action Community Team) PTSA.

PHACT PTSA offers all parents, caregivers, students, and community members the opportunity to be engaged in their child's potential. Being a member of PHACT PTSA means that you are a part of the powerful association and action plan that is focused on programs and initiatives that strengthen your child's education.

This past school year PHACT PTSA has been involved in many aspects of our School Community, including:

- Trunk or Treat
- Reflections Art Program
- CT PTA Teacher of the Year
- Mental Health Advocacy
- Spring Fling Festival

and many more contributions to the Parish Hill and tri-town community,

We invite you to join PHACT PTSA on an annual basis. By increasing our membership, even by one, makes it possible to provide important educational resources, speak up on important issues and create a stronger school community. There's no wrong or right way to be involved – anything

you can give, whether it's time or money, will support your child's potential. **We invite you, your child, other family members and community members to join because we can do more together than apart. It only takes a few minutes:** <https://parishill.memberhub.com/store>. Thank you for supporting your child's school community!

Sincerely, *PHACT PTSA*

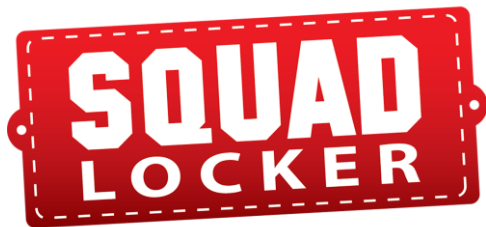


QR code to join:



Support the Parish Hill Booster Club

Purchase apparel in our Squad Locker store. A small percentage of each purchase goes back to the Booster Club. Show your Pirate Pride! <https://teamlocker.squadlocker.com/#/lockers/parish-hill-booster-club>



[Custom Team Uniforms - Order Online | SquadLocker](#)

Design, decorate and deliver your custom team uniforms and gear.

teamlocker.squadlocker.com

Europe Trip 2025 - Paris, France and Barcelona, Spain

Mr. Jendrewski will have an informational meeting about the April 2025 Paris and Barcelona trip on Thursday, September 14, 2023 at 6:00 PM in Room 123 at Parish Hill. The trip is open to any high school student, parent, and/or community member, who are interested. Please consider attending the meeting or contact Mr. Jendreski at rjendrewski@parishill.org or call 860-455-9584 ext. 4123 for more information.

The Senior Class is continuing their Capstone journey this Fall! The next deadline for students is the Research Review Meeting with Mrs. Hansard, and this meeting

needs to take place by October 11th in order for seniors to continue towards their graduation status. Students should stop by or email Mrs. Hansard to arrange for a meeting date and need to bring at least six scholarly sources to this meeting; students should be able to discuss each of the sources that they bring to the meeting. Please contact Mrs. Fontaine with any Capstone questions or concerns!

Library News:

- [Click here](#) to see the schedule of **after school activities** happening in the library this month. This schedule can also be found at parishhill.org/phlibrary Students who choose to stay after school in the library can either participate in the day's scheduled activity, or they can read or study quietly.
- **Middle School Book Club** starts on Wed. Sept. 13 after school. All interested students are invited to attend. We will start the year with *Swim Team*, a graphic novel from this year's Nutmeg list. Students in the club will get to choose what books we read after that. Learn more about this year's Nutmeg nominees at nutmegaward.org

Go Pirates!

Pirate Pride

Problem Solver

Independent

Respect and Responsible

Academic Achiever

Technologically Proficient

Effective Communicator