



## “Happenings on the Hill” September 9, 2022

- **Parish Hill’s Open House is scheduled for the evening of Thursday, September 22nd. The event will begin at 5:30 PM with our Mental Health Awareness Night,** sponsored by Parish Hill Student Services, with information, resources, food, and “mental health giveaways”. **The Open House portion of the evening will begin at 6:00 PM** with a welcome and introductions in the Auditorium, followed by the opportunity to follow your child’s schedule to meet their teachers and see their classes.
- Welcome back Pirates! **Picture day is September 22<sup>nd</sup> so make sure to be looking your best! Package purchasing information is available in Student Services.**
- **Europe Trip 2023:** The World Language department is sponsoring a trip to Portugal and Spain from April 7<sup>th</sup> to the 15<sup>th</sup>, 2023. Any high school student is welcome to attend this trip. If you are interested in finding out more information, please see Mr. Jendrewski in room 123, call Parish Hill at 860-455-9584, ext. 423, or go to [www.eftours.com](http://www.eftours.com) and type in the code 2496681HY.

### Updates from Student Services:

September is **Suicide Prevention Awareness Month** —a time to raise awareness of this stigmatized, and often taboo, topic. Suicidal thoughts, much like mental health conditions, can affect anyone regardless of age, gender or background. In fact, suicide is often the result of an untreated mental health condition. Some young people who are thinking about suicide let people close to them know that they are in pain, others hide their feelings from family and friends. If you are wondering if your child is suicidal, experts agree that asking them is the best way to find out. It is also important to remember that bringing up the topic to your teenager will not make them suicidal and that suicidal thoughts should **always** be taken seriously. For more information, go to [www.nami.org](http://www.nami.org). For immediate help, call **988 – the NEW Suicide & Crisis Lifeline.**

## **PHACT/PTSA 2022 Membership Drive:**

**It's time for another exciting school year to start and an important part of Parish Hill Middle/High School is our PHACT (Parish Hill Action Community Team) PTSA.**

PHACT PTSA offers all parents, caregivers, students, and community members the opportunity to be engaged in their child's potential. Being a member of PHACT PTSA means that you are a part of the powerful association and action plan that is focused on programs and initiatives that strengthen your child's education.

This past school year PHACT PTSA has been involved in many aspects of our School Community, including:

- Trunk or Treat
- Reflections Art Program
- Inspirational Quote placement in School
- CT PTA Teacher of the Year
- Collection Drive to Support Ukraine
- Create with Kindness - TikTok Family Educational Session
- Diversity, Equity, and Inclusion - Family Engagement Session
- Mental Health Advocacy
- Empty Bowls
- Spring Fling Festival
- Staff Appreciation Days
- Continued Support for the Dakota Noel Bartlett Memorial Scholarship Fund

**We invite you to join PHACT PTSA on an annual basis** because by increasing our membership, even by one, makes it possible to provide important educational resources, speak up on important issues and create a stronger school community. There's no wrong or right way to be involved – anything you can give, whether it's time or money, will support your child's potential. **We invite you, your child, other family members and community members to join because we can do more together than apart. It only takes a few minutes: <https://parishhill.memberhub.com/store> or Membership Forms will be available at Open House and on the Parish Hill website to join via cash or check. In the online store you also have the opportunity to make a monetary donation to PHACT/PTSA and/or the Dakota Noel Bartlett Memorial Scholarship Fund, so please consider donating when you purchase your memberships!**

Thank you for supporting your child's school community!  
Sincerely, *PHACT PTSA*



**Library News:**

- The library is open after school on Tuesdays, Wednesdays, and Thursdays.
- We are now open during lunch!
  - Middle School: Tuesdays and Thursdays
  - High School: Mondays, Wednesdays, and Fridays.
- Mrs. Hansard is in the library on Tuesdays, Wednesdays, and Thursdays. - Mrs. Pion is here on Mondays and Fridays.

## **Athletic News:**

### **Home Athletic Schedule for the Week of September 12-17**

Monday, Sept. 12 HS Boys Soccer vs Innovation 3:45  
 Tuesday, Sept. 13 HS Girls Soccer vs Bulkeley/Weaver 3:45  
 Friday, Sept 16 MS Girls Soccer vs Pomfret Community 3:30

The HS fall sports teams opened their 2022 season this week. The HS boys cross country team got off to a great start as they went 3-1 in a CRAL meet at Elizabeth Park. Leading the way for the Pirate runners were Gabe Victoria who finished 2nd and Ethan Anderson who finished 5th. The HS boys soccer team and the HS girls soccer team open their season today on the road, as the boys play a new league opponent, HMTCA, and the girls play Capital Prep.

The MS fall sports teams begin play next week. The MS boys soccer team travels to Pomfret Community on Friday, Sept 16 while the girls team hosts Pomfret Community on Friday, Sept 16 The MS cross country teams have their first meet on Thursday, Sept 22 at Putnam.

**Be safe, be well, and always be Pirate Strong!**

**Go Pirates!**

#### **Pirate Pride**

*Problem Solver*

*Independent*

*Respect and Responsible*

*Academic Achiever*

*Technologically Proficient*

*Effective Communicator*