

Help Our Service Men and Women

Here is a great chance to help the men and women serving in Afghanistan, members of our local communities! John Bolduc (PHHS graduate, Chaplin resident, teacher and our boys basketball coach) is a member of the Connecticut National Guard Unit 142. He has recently been deployed, and his unit is organized to send and distribute items to the soldiers. It would be wonderful to get behind this effort and show our support to our service men and women (and John as well). Below is a list of the things they would appreciate. We will have collection boxes at basketball games. Money is useful for postage, phone cards, etc. If you write a check, make it payable to 242nd Engineer Association.

Items we are collecting:

PERSONAL HYGIENE ITEMS

Hand cleaning gel (travel size)	Body wash sponges	Johnson Baby Lotion
Baby powder (travel size)	Foot powder (travel size)	Q-tips
Tylenol, Motrin, Advil packets	Aspirin packets	Chap stick or lip balm
Eye Drops (Visine)	Sun block	Tissue (travel packs)
Deodorant (travel size)	Mouthwash (travel size)	

MISCELLANEOUS

Assortment of Birthday / Holiday cards for them to send home
Batteries (MA, AA and 9Volt are the most popular)
Small flashlights
Cards and letters, pictures or cards made by school children
DVD movies
Travel or pocket size first aid kits
Nerf balls
Plastic bowls, knives, forks, and spoons
Popular magazines (cut your name and address off them)

FOOD

Slim Jims and Beef Jerky
Canned microwaveable soups and stews
Gum and hard candy (individually wrapped)
Cookies (well packaged so they don't break in shipment)
Fruit cup snacks
Canned peanuts
Powdered drink mixes (assorted flavors of Crystal Lite, Gatorade)

CASH LETS US BUY

Phone Calling Cards	PX Gift Cards	Postage for shipping
Special request items (games, cordless phones, etc.)		

THINGS NOT TO SEND

Pork products, porn, alcohol, aerosol cans, glass containers, no chocolate during winter months